



IMA TELlicherry NEWS LETTER – JANUARY 2015

ORGANIZATIONAL ACTIVITIES

07.01.2015: Executive Meeting

Executive committee was held at IMA Hall on 07.01.2015. President Dr. Dilnath Kallat welcomed the gathering. 37 members attended the meeting.



18.01.2015: IMA KSB North Zone Workshop on Projects and Programmes on 18.01.2015 at Calicut. Dr. Surendra Babu V P (North Zone Joint Secretary), Dr. Pradeep Kumar K (DTF Chairman)

& Dr. Pushparaj S R (Secretary IMA Thalassery) attended the meeting .

28.01.2015: General Body Meeting

The General Body Meeting was held on 28.01.2015 at IMA Hall Thalassery at 8.00 pm. Dr. Dilnath Kallat presided over the meeting. 30 members attended the meeting.



29.01.2015: Protest Dharna and Clarification Meeting

IMA President and Vice President of Thalassery along with 15 senior

members including senior Gynaecologists attended the protest Dharna and Clarification meeting held at Mattannur Bus Stand premises, organized by Cannannore Obstetrics and Gynaecological Society to show their solidarity and wholehearted support to Dr.Suchitra Sudhir in the Ashraya Hospital Incident. Protest against Ashraya Hospital was withdrawn unconditionally the very next day following the clarification meeting. Vice President Dr.V K Rajeevan addressed the public during the clarification meeting.

HOSTING OF STATE, REGIONAL MEETING & FUNCTIONS

16.01.2015: DTF Meeting

DTF meeting on 16th January hosted by IMA Thalassery branch. The meeting was attended by members representing all branches of Kannur district. Thalassery IMA Secretary Dr Pushparaj welcomed the gathering. DTF chairman Dr Pradeep Kumar presided over the meeting. All branch

representatives assured that they will strive hard to improve membership in IMA as well as in all the schemes. Branches also reported wholehearted involvement in Arogyamythri and citizen redressal forum . Issue regarding Ashraya Hospital was presented by Dr.Suchitra and Dr.Sudhir. Dr.Lalith Sundaram proposed the vote of thanks. Meeting was concluded for dinner.



ACADEMIC ACTIVITIES

CME Programme:

28.01.2015 : A CME was conducted on 28.01.2015 at IMA Hall Thalassery. CME on *“Child and Adolescent Behavioural Issues and Healthy Parenting”* by Dr.Sajeev Kumar

P B,MD(NIMHANS) Consultant Child & Adolescent Psychiatrist, Delmon Child Guidance Clinic, Thalassery. The CME was followed by a lively interaction. CME was co-ordinated by Dr. Rajeev Nambiar, Dr. Sudhakaran Komath & Dr. Ajith Kumar K N. The meeting was attended by 30 members.



15.01.2015 : Observing the Community Service Day conducted a medical camp for the inmates of Sneha Sadan, Iritty. Dr.Rejna Dilnath conducted the camp.



SOCIAL ACTIVITIES

Medical Checkups & Camps

07.01.2015: Conducted Pap Smears Camp at General Hospital, Thalassery in association with Malabar Cancer Centre. Dr. Neethu Shyam Mohan conducted the camp.



18.01.2015: IMA Thlasassery & Souhridavedi Punnol conducted a medical camp at Punnol LP School, Thalassery. Dr.Bijoy, PHC Darmadam examined the patients.

The medical camp was attended by 120 patients. Free medicines were dispensed to the patients. Blood sugar detection and Blood Group detection camp was held during the camp.

30.01.2015: On World Leprosy day conducted a dermatology camp at General Hospital, Thalassery. Dr.Shajeera Beegam examined the patients.

Health Education

23.01.2015: Awareness class for students in Govt Girls Higher secondary school ,Thalassery conducted by Dr. T Ramesan.



Poster Competition

A poster competition for all High School and Higher Secondary Schools in and around Thalassery with the topic- “AIDS - Prevention through Awareness” was conducted. The first prize was bagged by **Master.Akash P** for which an amount of Rs 3000 given as cash prize. The second prize by **Master.Dyuthidh Din** for which Rs 2000 was given at the general body meeting.



Universal Immunisation Programme

18.01.2015: Pulse Polio Immunization

IMA Tellicherry sponsored a booth for pulse polio immunization at Railway Station & bus stand Thalassery.



National Leprosy Eradication Programme

30.01.2015: Anti Leprosy Day
 30.01.2015: On World Leprosy day conducted a dermatology camp at General Hospital, Thalassery. Dr.Shajeera Beegam examined the patients.



On the same day Dr.Sandhya Raveendran delivered talk on

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Leprosy and Updates, at IMA Kuthuparamba observing the Anti Leprosy Week.



OBSERVATION OF IMPORTANT DAYS

15.01.2015: Community Service Day

Observing the Community Service Day conducted a medical camp for the inmates of Sneha Sadan, Iritty. Dr.Rejna Dilnath conducted the camp.



15.01.2015 : Pain & Palliative Day

The Pain & Palliative Day was observed on 15/1/2015 with various programmes and **Public rally:** IMA Thalassery in association with Thalassery General Hospital, 'Kanivu', Santhwanam & Pratheeksha Charitable Trust organised a public rally for creating awareness on palliative care. The rally started from General Hospital, Thalassery, ended at Kanak Residency. The Public function was held at Kanak Residency. Dr.V K Rajeevan. presided over the function. Dr Babu Raveendran inaugurated the rally. The rally consisted of around 200 school students along with IMA members, volunteers of IMA Pain & Palliative Care Clinic, School students and members of Kanivu. Hand book on palliative care written by Ummer Kootumugham was released during the function. Dr. Abdul Rahman Kolathayi conducted Pain and Palliative Awareness class for School Children on this occasion. IMA Pain and Palliative Care society honoured its Joint Secretary Dr. Pushparaj for his meritorious service.



18.01.2015: Pulse Polio Immunization

IMA Thalassery sponsored a booth for pulse polio immunization at Railway Station & bus stand Thalassery.

26.01.2015: Republic Day

President Dr. Dilnath Kallat hoisted the National Flag on the occasion of Republic day. 10 members attended the function and saluted the National Flag.



Family Meeting

09.01.2015: Christmas and New Year Celebration

Christmas and New Year celebration was held at IMA Hall,

Thalassery. It was a grand cultural extravaganza. Cultural programme were presented by doctors and their families. Christmas Carols, Santa clause, Lucky dip & Tambola was organized as part of the programme. It recorded a very large attendance with more than 200 members including family. The programme was co-ordinated by WIMA Thalassery.

every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

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SPECIAL PROJECTS OF THE BRANCH

IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on

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General Hospital, Thalassery, ended at Kanak Residency. The Public function was held at Kanak Residency. Dr.V K Rajeevan. presided over the function. Dr Babu Raveendran inaugurated the rally. The rally consisted of around 200 school students along with IMA members, volunteers of IMA Pain & Palliative Care Clinic, School students and members of Kanivu. Hand book on palliative care written by Ummer Kootumugham was released during the function. Dr.Abdul Rahman Kolathayi conducted Pain and Palliative Awareness class for School Children on this occasion. IMA Pain and Pallaitaive Care society honoured its Joint Secretary Dr.Pushparaj for his meritorious service.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as association is benefited.

IMA Sports Wing

20.01.2015: IMA members participated in the Run Kerala Run, organized in connection with the national games. 30 doctors participated in the programme wearing IMA T Shirts



MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2400 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of

various medical camps & functions conducted by IMA Thalassery.

Association with other IMA branches:

- During the New Year celebration on 09.01.2015 neighbouring branch presidents and leaders were invited and participated.
- DTF meeting on 16th January organized by IMA Thalassery branch. The meeting was attended by around members representing all branches of Kannur district.

Association with other organizations:

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IMA Specialty Wings

In association with IAP, IMA Tellicherry sponsored a booth for pulse polio immunization at private bus stand, Thalassery 18th January 2015.

PUBLIC RELATIONS & SOCIAL INVOLVMENT

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IMA & MEDIA

14.01.2015: Press Meeting to elaborate on the programme of World Pain and Palliative Day. Dr. V K Rajeevan, Dr. Pushparaj & Dr. Bindhu C K.

06.01.2015: Talk on Diabetes and Hypertension on AIR Radio by Dr. T Ramesan.

PAPER CUTTING



Dr. Dilnath Kallat

President IMA Thalassery